

# The Importance of Oral Systemic Health

The Surgeon General reports that at least 80% of American adults have gum disease.

93% of people with gum disease are at risk for diabetes.

Gum disease can cause heart disease, high blood pressure and stroke.

Gum therapy improves blood vessel health and helps prevent heart attack and stroke!

Healthy gums help prevent diabetes!

2011 YEAR OF THE  
mouth

If you have diabetes and bleeding gums, your risk of premature death increases by 400 to 700 percent.

People with gum disease are twice as likely to die from heart disease and three times as likely to die from stroke.

Harvard studies state gum disease increases Pancreatic and Kidney cancer risk by 62%.

Gum disease and tooth loss increase risk of Alzheimers disease.

Gum disease increases risk for head and neck cancer.

Eliminating gum disease adds 6.5 years to your life.

Pregnant women with gum disease have only a 1 in 7 chance of giving birth to a healthy child of normal size.

Cavities are caused by a germ that spreads during kissing and sharing food.

[www.aaosh.org](http://www.aaosh.org)

**AAOSH - Making the Link between Mouth and Body Health**